

MICHELLE ALBAUGH

Curriculum Vitae

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School of Education and Social Policy
Northwestern University
2120 Campus Drive
Evanston, IL 60208

Email: m-albaugh@u.northwestern.edu
[Academic Profile](#)
Cell: 847-525-2970

EDUCATION

Ph.D., December 2014, School of Education and Social Policy, Northwestern University, Evanston, IL

Degree: Ph.D. in Human Development and Social Policy

Dissertation Title: Religious and Nonreligious Coping after Negative Life Events: Autobiographical Narrative, Personality Trait, and Ethno-Religious Relationships with Well-Being and Ego Development

Dissertation Committee: Dan P. McAdams (chair), Jelani Mandara, James Spillane

M.A., June 2007, School of Education and Social Policy, Northwestern University, Evanston, IL

Degree: Master of Arts in Human Development and Social Policy

Thesis Title: Autobiographical Narratives, Political Ideology, and Metaphors of the Family

B.M., Magna Cum Laude, School of Music, DePaul University, Chicago, IL

Degree: Bachelor of Music with Elective Studies in Business

PROFESSIONAL APPOINTMENTS

Part-Time Instructor (September 2015 – present), MS in Learning & Organizational Change Program, School of Education & Social Policy, Northwestern University, Evanston, IL

PUBLICATIONS

Manuscripts in Preparation

Albaugh, M. L. (being revised based on editor feedback). Let go and let God? Passive religious deferral coping mediates the relationship between neuroticism and psychological wellbeing.

Albaugh, M. L. (manuscript in preparation). Religiousness and happy endings: Pollyannaish or psychologically adaptive?

Albaugh, M. L. (manuscript in preparation). Religious and nonreligious coping in life narratives predict religiousness and wellbeing, but not if you are mainline Protestant: A mixed method study.

Refereed Journal Articles

Adler, J.M., Turner, A., Brookshier, K.M., Monahan, C., Walder-Biesanz, I., Harmeling, L.H., **Albaugh, M. L.**, McAdams, D. P., & Oltmanns, T.F. (2015). Variation in narrative identity is associated with trajectories of mental health over several years. *Journal of Personality and Social Psychology* 108(3), 476-496.

[Featured in the Wall Street Journal: <http://on.wsj.com/1CckiGf>]

McAdams, D. P., **Albaugh, M. L.**, Farber, E., Daniels, J., Logan, R. L., & Olson, B. (2008). Family metaphors and moral intuitions: How conservatives and liberals narrate their lives. *Journal of Personality and Social Psychology* 95(4), 978-990.

McAdams, D.P. & **Albaugh, M.L.** (2008). What if there were no God? Politically conservative and liberal Christians imagine their lives without faith. *Journal of Research in Personality* 42(6).

Book Chapters

McAdams, D. P., & **Albaugh, M. L.** (2009). The Redemptive Self, Generativity, and American Christians at Midlife: Life Stories of Evangelical and Mainline Protestants. In J. A. Belzen & A. Geels (Eds.), *Autobiography and the psychological study of religious lives*. Amsterdam-New York: Rodopi.

FELLOWSHIPS

Sept 2012 – Aug 2013	Alternate Candidate Designation: Charlotte W. Newcombe Doctoral Dissertation Fellowship, Woodrow Wilson National Fellowship Foundation
Sept 2008 – Aug 2009	University Fellow, School of Education and Social Policy, Northwestern University
Sept 2005 – Aug 2006	Spencer Research Training Program Fellow, Northwestern University
Sept 2004 – Aug 2005	University Fellow, School of Education and Social Policy, Northwestern University

CONFERENCE PARTICIPATION

Presentations

- Albaugh, M. L.** (2011, October). *Religion, Coping, and Well-Being: An Autobiographical Narrative Investigation*. Paper presented at the Annual Meeting of the Society for the Scientific Study of Religion (SSSR), Milwaukee, WI.
- Albaugh, M. L.** (2008, November). *Coding Text-Based Qualitative Data*. Invited Lecture in Methods of Observing Human Behavior (SESP 372).
- Albaugh, M. L.** & McAdams, D. P. (2008, April). *Family metaphors: How conservatives and liberals narrate their lives*. Presented at the Human Development and Social Policy Department Brown Bag, School of Education and Social Policy, Northwestern University.
- Albaugh, M. L.,** & McAdams, D. P. (2007, October). *Faith, Politics, and the Life Story*. Paper presented at the Annual Meeting of the Society for the Scientific Study of Religion (SSSR), Tampa, FL.
- Albaugh, M. L.,** & McAdams, D. P. (2007, July). *Personality, Politics, and Personal Ideology: Right and Left*. Paper presented at the Annual Meeting of the International Society of Political Psychology (ISPP), Portland, OR.

Poster Presentations

- Albaugh, M. L.** (2015, April). *Let go and let God? Passive religious deferral coping mediates the neuroticism to psychological well-being connection*. Poster presented at the Northwestern Computational Research Day, Evanston, IL.
- Albaugh, M. L.** (2011, June). *Autobiographical Narratives of Religion and Coping after Negative Life Events: Personality and Ethno-Religious Perspectives*. Poster Presented at the Biennial Conference of the Association for Research in Personality. Riverside, CA.
- Albaugh, M. L.,** & McAdams, D. P. (2008, January). *Politically Engaged Christians Imagine Life Without Faith*. Poster Presented at the Annual Meeting of the Society for Personality and Social Psychology (SPSP), Albuquerque, NM.
- Albaugh, M.L.** (2007). *Political Orientation and Pastoral Leadership: A Lakoff-ian View*. Poster Presented at the Annual Meeting of the Society for Personality and Social Psychology (SPSP), Memphis, TN.

CAMPUS TALKS

- Albaugh, M.L.** (2015, January). *Religious Tradition and the Low Point Scenes of Committed Christians*. Paper presented at the Foley Forum, Evanston, IL.

TEACHING EXPERIENCE

Lecturer/Instructor

Foundations of Learning & Organizational Change (MSLOC 410, Fall 2015). Co-Instructor/TA.

Advancing Learning & Performance Solutions (MSLOC 421, Winter 2016). Co-Instructor/TA.

Capstone I: Research Methods (MSLOC 461, Spring 2016). Co-Instructor.

Advancing Learning & Performance (MSLOC 420, Spring 2016). Co-Instructor.

Teaching Assistant

Adult Development and Aging (SESP 203, Winter 2014). Instructor: Regina Logan.

Studies in Organizational Change (LOC 306, Winter 2008). Instructor: Prof. James Spillane.

Introduction to Psychological Services (HDPS 201, Fall 2007, Fall 2009, Wtr 2010, Spr 2010, Fall 2010, Spring 2011). Instructors: Nancy Remley / Nathania Montes.

Introduction to Community Development (SESP 202, Winter 2010). Instructor: Jody Kretzman.

Mentoring & Advising

MSLOC Capstone Thesis Advisor (2016-17). Advise MSLOC students through their Capstone Research Projects.

MSLOC Practicum Team Coach (MSLOC 460, Winter 2016).

Undergraduate Honor's Thesis Support. Supported undergraduate students in honor's thesis research as a PhD Candidate.

General Research. Supervised various undergraduate research experiences as an RA.

RESEARCH INTERESTS

Positive growth, development, and well-being throughout the life course; response and adaptation to loss and adversity; leadership development; the role of religion and spirituality in human development, personality and identity; and religious identity formation. **Methods Used:** Regression and structural equation modeling; qualitative narrative methods (both inductive and deductive); and a mixed-method blend of these research methods.

RESEARCH EXPERIENCE

Graduate Research Assistant (June 2007 – Mar 2009), Foley Longitudinal Study of Adulthood and Aging, Foley Center for the Study of Lives, Northwestern University: *Duties included study design and development, interviewing respondents, and quantitative data planning and management.*

Graduate Research Assistant (Feb 2005 – Mar 2009), Faith and Politics Study, Foley Center for the Study of Lives, Northwestern University: *Duties included qualitative fieldwork, coding, and codebook development; management of quantitative data; and supervision of undergraduate research assistants.*

Project Facilitator (Jan 2003 – Aug 2004), TLC3 In-Depth Qualitative Sub-Sample of the Fragile Families and Child Wellbeing Study, Institute for Policy Research, Northwestern University. *Full-time research assistant: Duties included qualitative fieldwork, qualitative coding, and finding and interviewing “lost” participants between data collection waves.*

SERVICE TO PROFESSION

Journal of Personality (Wiley-Blackwell). Current reviewer, beginning September 2015.

Psychology of Religion and Spirituality (American Psychological Association). Current reviewer, beginning January 2015.

Society for Personality and Social Psychology (SPSP). Reviewer for Student Poster Award (2011, for 2012 conference).

DEPARTMENT/UNIVERSITY SERVICE

Graduate Student Representative to the Faculty Search Committee that hired Jeannette Colyvas

NON-ACADEMIC WORK

<i>Professional Coaching & Research Consultation</i>	<i>Wright Foundation and Wright Graduate University, Elkhorn, WI</i>
July 2015 – present	Chicago, IL

<i>Systems Development Consulting</i>	<i>The Craftsmen Group, Wilmette, IL</i>
Jan 2015 – November 2015	

PROFESSIONAL MEMBERSHIPS/AFFILIATIONS

Society for Personality and Social Psychology (SPSP)

Association for Research in Personality (ARP)

Society for the Scientific Study of Religion (SSSR)

PROFESSIONAL REFERENCES

Dan P. McAdams

*The Henry Wade Rogers Professor of Psychology
Professor, Human Development and Social Policy
Director, Foley Center for the Study of Lives*

Northwestern University
Annenberg Hall, Room 209
2120 Campus Drive
Evanston, IL 60208

Phone: (847) 491-4174

Email: dmca@northwestern.edu

James P. Spillane

*Spencer T. and Ann W. Olin Professor in Learning & Organizational Change
Professor, Human Development and Social Policy
Professor, Learning Sciences
Faculty Associate, Institute for Policy Research*

Northwestern University
Annenberg Hall, Room 208
2120 Campus Drive
Evanston, IL 60208

Phone: (847) 467-5577

Email: j-spillane@northwestern.edu

Regina Lopata Logan (Teaching Reference)

*Research Assistant Professor, School of Education and Social Policy
Foley Center for the Study of Lives*

Northwestern University
Annenberg Hall, Room 216
2120 Campus Drive
Evanston, IL 60208

Phone: (847) 491-5314

Email: rlogan@northwestern.edu